

# Compassion Resilience Training of Facilitators

The Compassion Resilience Toolkit is a flexibly implemented set of resources to build awareness of compassion fatigue and strategies to increase compassion resilience in adults from a system and individual perspective. Participation in this training will provide you with the tools necessary to implement the Compassion Resilience Toolkit with your staff.



*This session is facilitated by DPI, Rogers Community Learning and Engagement and the WISH Center.*

## COMPASSION RESILIENCE Readiness and Commitment



01

You (and your team!) commit to strengthening a compassionate culture

02

You strongly consider engaging school administrators in the work of this toolkit

03

You agree to participate as a facilitator of supported practice sessions during training

04

Your team commits to attending the 12 hour training, and complete short pre-readings

05

You are willing to consider the work of implementation of the toolkit while you are learning



To learn more about Compassion Resilience and the support provided by the WISH Center visit: <https://www.wishschools.org/resources/compassion-resilience.cfm> or contact your WISH Center Regional Coordinator



SCAN FOR TRAINING INFO

# Compassion Resilience Training of Facilitators

Trainings require a minimum number of participants. Please register early so we can plan accordingly.

## LEARNING FORMAT

### Online:

12 hours split between 4 sessions

### Pre-Work:

Brief readings before each session

Each participant will practice facilitating

## REGISTRATION

### Fall Online Training Series [70 participants max]

- September 30 & Oct 2, Oct 21 & 23 2024
- 9am-12pm via ZOOM
- Register: <https://cesa4.app.neoncrm.com/event.jsp?event=508&>

### Winter Online Training Series [70 participants max]

- January 6 & 8, January 27 & 29, 2025
- 9am-12pm via ZOOM
- Register: <https://cesa4.app.neoncrm.com/event.jsp?event=513&>

### Spring Online Training Series [70 participants max]

- April 8, 9, May 6 & 7, 2025
- 9am-12pm via ZOOM
- Register: <https://cesa4.app.neoncrm.com/event.jsp?event=518&>



## IMPLEMENTATION COACHING

COACHING SUPPORT - We want to support your implementation. Individual or Team Coaching with a trainer; four virtual coaching meetings available with training.

Compassion Resilience is a way of supporting educators' capacity to be trauma informed.

**CANCELLATION POLICY:** If cancellation is not received one week prior to the first date, the participant will be billed \$25 to cover the cost of financial obligations created by registration.

## REGISTRATION FEE

- \$225.00 per registrant
- Payable to CESA #4 - options in registration to pay by credit card or select pay later to invoice your school

## COMPASSION RESILIENCE TRAINING OF FACILITATORS IS DESIGNED FOR:

- Classroom Teachers
- Student Services
- Administrators
- Deans of Students
- Implementation teams for school climate initiatives
- District level leadership including HR professionals

## QUESTIONS ABOUT THIS TRAINING?

- [Contact Your WISH Center Regional Coordinator](#)

"The way this was presented with time to practice facilitation was excellent."  
-Participant, 2024

"I am deeply grateful for the opportunity to learn about this and move it forward with my spheres of influence."  
-Participant, 2024

FOR REGISTRATION ASSISTANCE CONTACT: Kalli Rasmussen, CESA #4, (608)786-4832, [krasmussen@cesa4.org](mailto:krasmussen@cesa4.org)



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